

MISSION

The mission of OAR, is to rebuild lives and create a safer community with opportunities, alternatives, and resources for justice-involved individuals and their families.

HISTORY

OAR of Fairfax County, Inc. has provided skills-based programs for persons involved with the criminal justice system since 1971.

In 2001 statewide standards for batterer intervention programs were adopted by the Commonwealth of Virginia and OAR applied for certification under the standards. OAR's Violence Intervention Program (VIP) was granted certification and has maintained full certification under the statewide standards ever since.

OAR's guiding principle is that domestic violence is a crime and will not be tolerated. OAR believes in providing program participants with the necessary skills and insights to change their behaviors and attitudes in order to eliminate violence from their lives.

WHERE IS VIP OFFERED?

10700 Page Avenue, Suite 200
Fairfax, VA 22030

3900 King Street
Alexandria, VA 22302

2911 Cameron Mills Rd,
Alexandria, VA 22302

Contact OAR for start dates and details:
info@oarnova.org - (703) 246 - 3033

WHAT IS THE VIOLENCE INTERVENTION PROGRAM?

The Violence Intervention Program (VIP) is an 18-week, referral-based intervention program designed to aid in the reduction and elimination of domestic violence in Northern Virginia. OAR's goal is to increase batterer accountability, general understanding of the impact of their behavior, and self-regulation skills. Currently, four classes are offered each week for men.

WHAT IS THE COST?

Program participants are required to pay a \$400 fee, plus a \$50 intake fee at the time of assessment. If a participant is determined to be indigent, the participant may exchange community service for all or part of the fee for the course. Payment plans are also available.

WHAT DOES VIP OFFER?

- ◆ **Trained staff**
OAR facilitators have completed 32 hours of initial domestic violence training, in addition to 12 hours of annual continuing education.
- ◆ **Comprehensive assessment**
A comprehensive assessment, including the participant's patterns of violence, psychosocial factors and commitment to change is conducted at an intake interview.

- ◆ **Collaborative relationships with community organizations and the Court system**

OAR provides the referral source with monthly reports, notice of noncompliance with program requirements, and a final report.

- ◆ **Promotion of victim safety**

OAR staff work closely with the Victim Services Section of the Fairfax County Police Department to promote safety planning and to notify victims of program enrollment, completion, and/or noncompliance.

- ◆ **Accountability**

OAR uses a range of methods so that participants acknowledge the pattern of abusive behaviors associated with domestic violence, understand the interpersonal and legal consequences of violence, and are aware of the options available to change these behaviors and eliminate violence from their lives.

IS THIS ANGER MANAGEMENT?

No. OAR's Violence Intervention Program is specifically designed to address and eliminate domestic violence and is not an anger management program. OAR does offer community based anger management programs for individuals requiring assistance with anger and violence that is not related to domestic violence. Contact OAR for more details.

WHAT DOES THE CURRICULUM INCLUDE?

- ◆ Understanding Restorative Justice and the Impact of Crime
- ◆ Motivation to Change
- ◆ Cycle of Violence
- ◆ Emotional Regulation Skills Coaching
- ◆ Non-Violent Alternatives
- ◆ Physiological Responses
- ◆ Impact of Domestic Violence on Victim, Abuser and Children
- ◆ Identification of Physical, Emotional, Economic, Sexual and Verbal Forms of Violence
- ◆ Role of Substance Abuse
- ◆ Promotion of Accountability, Self-examination, Negotiation and Fairness
- ◆ Identification of Healthy Relationships

WHAT ABOUT REFERRALS?

Referrals can be made by the Commonwealth's Attorney, Court Services, Probation and Parole offices, Public Defenders, local area shelters and other community based organizations. Self-referrals are also welcome.

For inquiries and further information:

(703) 246 – 3033

info@oarnova.org

www.oarnova.org

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Main Office

**10700 Page Ave., Suite 200
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Established 1971

BREAKING THE CYCLE OF CRIME WITH
OPPORTUNITIES, ALTERNATIVES, AND RESOURCES

VIOLENCE INTERVENTION PROGRAM



Promoting victim safety, holding perpetrators accountable, and providing alternatives to violence and abuse.

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